A HELPING HAND TO PRAYER

Draw around your hand and label your fingers and thumb with reminders of who to pray for:

Your thumb is closest to you - pray for family and friends

Your pointing finger- for teachers & priests who show us the way to be closer to God

Your biggest finger - for world leaders that they make wise decisions.

Your weakest finger- pray for the lonely, the poor, the homeless and all who are suffering

Your little finger: pray for yourself that God will help you to be gentle, to show His love to all and to trust Him

Example below

Look at the finger that's the BIGGEST. Pray for all the leaders in the world, that they make wise decisions for the good of the world.

Look at your POINTING finger. Pray for those who show us the way to be closer to God such as our priests and teachers.

Look at your WEAKEST finger. Pray for the poor, the

lonely, the homeless and all who are suffering.

Look at your THUMB. It is closest to you. Pray for your family and friends and all who are close to you.

Look at your LITTLE finger.

Pray for yourself. Ask God to help you to be gentle, to show His love to all and to trust Him.